

SALAD BAR WITH MEAL \$11 A LA CARTE \$16	SANDWICHES WITH FRENCH FRIES						
	Kentucky Hot Brown \$21	Veggie Burger \$18	The HM3 Burger \$19	Turkey Club Sandwich \$19	Bacon Lettuce Tomato \$18	Spicy Sausage Breakfast Sandwich \$18	Twin Ham Biscuits \$18

----- **CHOOSE 1 MAIN + 3 SIDE DISHES** -----

MAINS

Avocado Toast	\$18
Bacon, American + Scallion Omelet.....	\$16
BC Roast Chicken.....	\$26
Creamed Chipped Beef on Toast.....	\$18
Egg White, Broccoli + Avocado Omelet.	\$16
French Toast Sticks	\$18
Fried Chicken.....	\$18
Grilled Salmon w/Red Wine Sauce.....	\$18
Stewed Tripe	\$18
Ham Steak	\$18
Hanger Steak + Eggs	\$29
Protein Waffle (gluten free)	\$18
Shakshuka	\$18
Three Eggs Any Style	\$18
Veal Meatballs "Parmesan"	\$18
Waffle.....	\$18
5 Sides As Entree	\$29

SIDE DISHES

- Broccoli Rice Casserole
- Butternut Squash
- Coleslaw
- Crushed Cauliflower
- Cucumber Salad
- Green Beans Almondine
- Grilled Asparagus
- Grits
- Herb Salad
- French Fries
- Fruit Salad
- Japanese Rice
- Japanese Sweet Potatoes
- Macaroni + Cheese
- Potato Puree
- Sauteed Spinach
- Sliced Avocado
- Quinoa

ADDITIONAL SIDES +\$6

UPGRADES

- Put An Egg On It +\$1
- Seared Foie Gras +\$16
- Thick Cut PL Bacon +\$6

HM3 MARKET BOWL

Quinoa, Japanese Rice or Spinach + three toppings... \$15
 Asparagus, Broccoli, Crushed Cauliflower, Cucumber Salad, Japanese Sweet Potatoes, Mixed Greens, Spinach, Bacon, Egg, Grilled Salmon, Hamburger Patty, Smoked Salmon, Turkey, Avocado +\$1, Extra Protein +\$3



HOT DOG DU JOUR

2 HOT DOGS + FRENCH FRIES

MON... NYC Style Dogs	\$15
TUES.. Southern Dogs	
WEDS.. California Dogs	ADD A COLD BEER \$3
THURS.. JG'S Dogs	
FRI.. German Dogs	
SAT.. Chicago Dogs	
SUN.. Hotdog Johnny's Style Dogs	